

**#1 AIRWAY (is person breathing?)**

Head - Tilt / Chin lift

Place ear close to victim's mouth.

Look, listen & feel abdomen.

Document abnormal lung sounds.

(Some times allow patient to sit up)

- **Not** breathing after 2 attempts **TAG DEAD**
- **More** than 30 breaths = TAG **I Immediate**
- **Below** 30 breaths = (GO to circulation)

**#2 CIRCULATION (is person bleeding?)**

- Immediately stop severe bleeding!
- Press finger = Capillary refill.
  - **More than 2 seconds** = TAG **I = Immediate** (treat for shock)
  - **Less than 2 seconds** = (move to Mental evaluation)

**BLEEDING TYPES**

**Arterial** = spurts = direct pressure, elevate (above heart), pressure points.

**Venous** = flow = direct pressure, elevate (above heart).

**Capillary** = ooze = direct pressure, elevate (above heart).

**Tourniquets** (optional) = between wound and heart.

- Mark patient has tourniquet.
- Do not loosen after applied

**Pressure Points**

Brachial point = arm (inside and just above elbow)

Femoral point = leg (inside and upper thigh)

GET PERMISSION!!

Popliteal point = behind knee